



Certified Personal Training

Assessments * Achieve your goals * Get results * Create lasting change!

Non-Prime time Rate 5AM-7AM, 1PM-Close

Number Sessions	Member Rates	Total Pack Price	Non-Member Rates	Total Pack Price
1	\$69.00	\$69.00	\$79.00	\$79.00
6	\$67.50	\$405.00	\$77.50	\$465.00
12	\$66.50	\$798.00	\$76.00	\$912.00
24	\$65.00	\$1560.00	\$74.60	\$1790.40
48	\$63.96	\$3070.00	\$73.20	\$3513.60

Prime Time Rates 7AM-1PM

Number Sessions	Member Rates	Total Pack Price	Non-Member Rates	Total Pack Price
1	\$75.00	\$75.00	\$85.00	\$85.00
6	\$73.60	\$441.60	\$83.40	\$500.14
12	\$72.00	\$864.00	\$81.80	\$981.60
24	\$70.60	\$1694.40	\$80.20	\$1924.00
48	\$69.00	\$3312.00	\$78.80	\$3782.40

Group Training (2-4 People)

Number Sessions	Member Rates	Total Pack Price	Non-Member Rates	Total Pack Price
1	\$40.00	\$40.00	\$50.00	\$50.00
6	\$38.00	\$228.00	\$48.00	\$288.00
12	\$36.50	\$438.00	\$46.50	\$558.00

30 Minute Power Sessions

Number Sessions	Member Rates	Total Pack Price	Non-Member Rates	Total Pack Price
1	\$45.00	\$45.00	\$55.00	\$55.00
6	\$43.00	\$258.00	\$53.00	\$318.00
12	\$41.50	\$498.00	\$51.50	\$618.00

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